



20-26 July 2009, Athens-Greece



Stadium Peace & Friendship



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SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

Welcome from the Chief Instructor of S.K.I.F. - GREECE

Shotokan Karate International Federation of Greece welcomes all the National Teams to this great Karate event that will be held for the new year of 2009 in the historical City of Athens.

It is an honour for us and our country to organise this special event of the 10th World Championship of Shotokan Karate International Federation.



We trust that the organisational experience as well as our hospitality, together with the support of our partners, sponsors and friends will contribute in creating the best possible conditions for this major Karate event – the 10th World Championship of S.K.I.F.

The success of this event is in our hands as long as we have a strong spirit, friendship and understanding.

We strongly believe that you will enjoy this Championship and take back many great memories.

Welcome to Athens and Greece.

Oss !!!

Sincerely,

Nikitas Zarouchliotis

Chief Instructor of S.K.I.F – GREECE



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

Welcome from the Chief Instructor of S.K.I.F. - GREECE

We are waiting with great expectation and encouragement the arrival of the 10th World Championships of Shotokan Karate International Federation S.K.I.F in Athens – Greece.

I am extremely pleased to welcome all the participants of this very important event that sees the great Shotokan Karate Family in the land of the Olympic Games.



I wish the Athletes, Coaches, Referees, Officials, Physicians, Journalists and everyone else taking part in this event, a pleasant and enjoyable stay in this delightful part of the world. Inspired by the fundamental values of Sport, I wish the best of luck, with the work ahead, to all of you. Your presence will help to extol the virtues of competition. Athens City will surely give the best image of all, with the friendliness of its people.

The 10th World Championship of Shotokan Karate Federation will undoubtedly be a great opportunity to bring our countries even closer together in a large and free International Community in a truly fraternal spirit. I wish all the Shotokan Karate Family will be united, fighting with good heart, good spirit and above all respect Karate as our great teacher and founder of Shotokan Karate International Federation, Kancho Kanazawa has taught as for so many years.

Oss !!!

Sincerely,

Ghazi Keyvan

Chief Instructor of S.K.I.F – GREECE



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

About Shotokan Karate-Do International Federation

What is KARATE-DO

In Okinawa, a miraculous and mysterious martial art has come down to us from the past. It is said that one who masters its techniques can defend himself readily without resort to weapons and can perform remarkable feats: the breaking of several thick boards with his fist or ceiling panels of a room with a kick. With his shuto ("sword hand") he can kill a bull with a single stroke; he can pierce the flank of a horse with his open hand; he can cross a room grasping the beams of the ceiling with his fingers, crush a green bamboo stalk with his bare hand, shear a hemp rope with a twist, or gouge soft rock with his hands.

Some consider these aspects of this miraculous and mysterious martial art to be the essence of Karate-do. But such feats are a small part of karate, playing a role analogous to the straw-cutting test of kendo [Japanese fencing], and it is erroneous to think that there is no more to Karate-do than this. In fact, true Karate-do places weight upon spiritual rather than physical matters, as we shall discuss. True Karate-do is this: that in daily life, one's mind and body be trained and developed in a spirit of humility; and that in critical times, one be devoted utterly to the cause of justice.



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

Previous SKIF World Championships

December 1978	Shotokan Karate International (SKI) formed, General Headquarters established in Yotsuya, Tokyo
October 1981	First SKI all Japan Championship Tournament held at Kitasato University Gymnasium, Tokyo
August 1982	Second SKI all Japan Championship Tournament held at Yoyogi Athletic Stadium Gymnasium, Tokyo (all subsequent Tournament also held here annually in August. The 25th annual Tournament will be held in August 2005)
August 1983	First SKI World Karate Championship Tournament held at Yoyogi Athletic Stadium Gymnasium, Tokyo (16 countries)
November 1985	Second SKI World Karate Championship Tournament held in Dusseldorf, West Germany (24 countries)
April 1988	Organization name changed to Shotokan Karate-Do International Federation (SKIF)
November 1988	Third SKIF World Karate Championship Tournament held in Utsunomiya, Japan (31 countries)
September 1991	Fourth SKIF World Karate Championship Tournament held in Mexico-city, Mexico (41 countries)
October 1992	General Headquarters moved to Kugahara, Tokyo
November 1994	Fifth SKIF World Karate Championship Tournament held in Yokohama, Japan (55 countries)
June 1997	Sixth SKIF World Karate Championship Tournament held in Milan, Italy (66 countries)
October 1988	SKIF 20th Anniversary held in Tokyo, Japan
April 2000	Seventh SKIF World Karate Championship Tournament held in Bali, Indonesia (56 countries)
September 2003	Eighth SKIF World Karate Championship Tournament held in Durban, South Africa (51 countries.)
November 2006	Ninth SKIF World Karate Championship Tournament will be held at Tokyo Metropolitan Gymnasium, in Tokyo Japan



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

Board of Directors

Chairman	Takeo Hiranuma
Kancho,Supreme Instructor,President	Hirokazu KANAZAWA(C.E.O.)
Vice Chairman	
Managing director	Satoru IWAI (C.O.O.,Oversears Affairs) Hideki KASHINO (General Affairs) Shigeru SAWADA (Manager of Japan team) Seiji SUZUKI (ReferenceCommittee) Yukiyasu TAMURA (Santama Sohonbu) Noriyuki OKU (Diplomatic Affairs) Eikichi SAITO (Hokkaido Sohonbu) Masahiro FUJISHIMA (Miyagi Sohonbu)
Director	S.Ichihara(G.H.Q.) I.SUGIYAMA (Yokohama) M.Miura (Italy) H.Ishikawa (Mexico) M.Murakami (International) Y.Kubokura (Public Relations) other 14 members
Auditor	Yutaro TAKAHASHI Tadashi MUKAI Yoshito IWAMA
Advisor	Dr. Hideo KANAZAWA
Supporters Org. Chairman	Koichi TANAKA (Managing Director)
Yudansyakai Chairman	Dr. Philip C. KWOK (Managing Director)



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

10th SKIF World Championship

Registration of Delegations & Yudansha-Kai Seminar Programme

MONDAY, July 20th	Registration
TUESDAY, July 21st	Registration Referee clinic am 9:00 – 12:00 Yudansha-Kai Seminar pm 1:00 – 4:00
WEDNESDAY, July 22nd	Registration Dan Examination Director & Mgr Meeting (Medical) Member Country Congress Setting Up Of Competition Site

Competition Program

THURSDAY <u>July 23rd</u>	Schedule:	Masters	Categories	
		Kata – Kumite	32,33,34,35,36,37,38	
		Team Kata	39,40,41,42,43,44,45	
		Team Kumite	46,47,48,49,50,51,52	
		Yakusoku Kumite	53,54,55,56,57,58	
FRIDAY <u>July 24th</u>	Schedule:	Juniors	Categories	Opening ceremony
		Kata	12,13,14,15,16,17,18	
		Kumite	19,20,21,22,23,24,25 26,27,28,29,30,31	Demonstration
SATURDAY <u>July 25th</u>	Schedule:	Seniors	Categories	
		Kata	1,2,3,4,5,6,7,8,9	
		Team Kata		
		Kumite		
SUNDAY <u>July 26th</u>	Schedule:	Elimination	Categories	<i>Farewell party</i>
		Team Kumite	10,11	

Competition Categories



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

(Updated: 13/10/2008)

SENIORS (20 – 39 YEARS OLD) NATIONAL TEAM

CONTESTANTS AGE 19 & UNDER AND 40 & ABOVE CANNOT PARTICIPATE
FOR BOTH OF SENIORS TEAM AND INDIVIDUAL EVENTS.

BUT AGE 18-19 YEARS WILL NOT BE ABLE TO PARTICIPATE THE SENIORS TEAM EVENTS.

- 1. MEN'S INDIVIDUAL KATA** 4 Contestants per Nation
- 2. WOMEN'S INDIVIDUAL KATA** 4 Contestants per Nation
*Preliminary : Kohaku system (Red and White flags) of compulsory Katas of Bassai-Dai, Jion, Kanku-Dai, or Empi selected by Referee Panel.
Semi Final (16 persons) and Final (8 persons) will be judged by Point system of Tokui-Kata.
Same Kata will be NOT allowed for the Semi Final and Final Matches.
Seienchin, Seipai, Gankaku-Sho and Nijuhachiho NOT allowed.*
- 3. MEN'S TEAM KATA** 1 team per Nation (3 + 1 reserve)
- 4. WOMEN'S TEAM KATA** 1 team per Nation (3 + 1 reserve)
*Preliminary & Final (8 teams): Tokui Kata by Point system
Same Kata will be NOT allowed for the Preliminary and Final matches.
Seienchin, Seipai, Gankaku-sho and Nijuhachiho NOT allowed.*
- 5. MEN'S INDIVIDUAL KUMITE** (-65kgs) 4 contestants per Nation
- 6. MEN'S INDIVIDUAL KUMITE** (-75kgs) 4 contestants per Nation
- 7. MEN'S INDIVIDUAL KUMITE** (+75kgs) 4 contestants per Nation
- 8. WOMEN'S INDIVIDUAL KUMITE** (-60kgs) 4 contestants per Nation
- 9. WOMEN'S INDIVIDUAL KUMITE** (+60kgs) 4 contestants per Nation

2 minutes, Ippon-han shobu

For Men's Grand Champion tournament -Top 4 CONTESTANTS per each class

Final match- 5 minutes, Sanbon shobu (6 Wazaari's)

No Women's Grand Championship tournament

For Men's Grand Champion tournament, Non-participation is NOT allowed without injury.


In case of the CONTESTANT cannot make the match, he cannot participate afterwards.



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION



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10. MEN'S TEAM KUMITE 1 team per Nation (5+2 reserve)

11. WOMEN'S TEAM KUMITE 1 team per Nation (3+2 reserve)

All (5 of Men and 3 of Women) CONTESTANTS should flight in the first and Second round. After that the match will be finished when one team get 3 wins (Men) or 2 wins (Women) after the third round.

PLEASE PAY ATTENTION:

For Kumite matches, Gum shield and Mitts (approved by SKIF) are compulsory. Groin & Chest (Women) protectors are allowed, but Shin protectors are forbidden.



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

JUNIORS INDIVIDUAL KATA

12. BOYS (-12 YEARS) NO LIMIT

13. GIRLS (-12 YEARS) NO LIMIT

Preliminary: Kohaku system (Red and White flags) of Kata's of

Heian Shodan-- Godan or Tekki-Shodan selected by Referee Panel.

Final: Point system of Tokui Kata, Heian Sho-dan-- Godan, Tekki-Shodan,

Bassai-dai, Jion, Kanku-dai and Empi.

14. BOYS (12-13 YEARS) NO LIMIT

15. GIRLS (12-13 YEARS) NO LIMIT

16. BOYS (14-15 YEARS) NO LIMIT

17. GIRLS (14-15 YEARS) NO LIMIT

Preliminary: Kohaku system (Red and White flags) of Kata's of

Heian Shodan-- Godan or Tekki-Shodan selected by Referee Panel.

Final: Point system of Tokui Kata, Heian Sho-dan--Godan, Tekki-Shodan,

Bassai-dai, Jion, Kanku-dai, Empi, Gankaku, Jitte, Hangetsu, Chinte and Tekki-Nidan.

18. BOYS (16-17 YEARS) NO LIMIT

19. GIRLS (16-17 YEARS) NO LIMIT

Preliminary: Kohaku system (Red and White flags) of Kata's of

Heian Shodan-- Godan or Tekki-Shodan selected by Referee Panel.

Final: Point system of Tokui-kata, All Kata allowed

20. BOYS (18-19 YEARS) NO LIMIT

21. GIRLS (18-19 YEARS) NO LIMIT

Preliminary: Kohaku system (Red and White flags) of Kata's of Bassai-Dai,

Jion, Kanku-dai or Empi selected by Referee Panel.

Final: Point system of Tokui-kata, All Kata allowed

THE CONTESTANTS OF AGE 18-19 CANNOT BE MEMBER OF SENIORS GROUP



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

JUNIORS INDIVIDUAL KUMITE

- 22.** BOYS (-12 YEARS) NO LIMIT IPPON SHOBU 90 SECONDS
- 23.** GIRLS (-12 YEARS) NO LIMIT IPPON SHOBU 90 SECONDS
- 24.** BOYS (12-13 YEARS) NO LIMIT IPPON SHOBU 90 SECONDS
- 25.** GIRLS (12-13 YEARS) NO LIMIT IPPON SHOBU 90 SECONDS
- 26.** BOYS (14-15 YEARS) NO LIMIT IPPON SHOBU 90 SECONDS
- 27.** GIRLS (14-15 YEARS) NO LIMIT IPPON SHOBU 90 SECONDS
- 28.** BOYS (16-17 YEARS) NO LIMIT IPPON SHOBU 2 MINUTES
- 29.** GIRLS (16-17 YEARS) NO LIMIT IPPON SHOBU 2 MINUTES
- 30.** BOYS (18-19 YEARS) NO LIMIT IPPON SHOBU 2 MINUTES
- 31.** GIRLS (18-19 YEARS) NO LIMIT IPPON SHOBU 2 MINUTES

Gum shield, Mitts (approved by SKIF) and Body protector (Age 15 & under) are compulsory.

Groin and Chest (Girls) protectors are allowed, but Shin protectors are forbidden.

(CONTESTANTS of age 18-19 YEARS cannot be a National team member.)



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

MASTERS INDIVIDUAL KATA(40 YEARS AND ABOVE)

32. MEN (40-44YEARS) NO LIMIT
33. WOMEN (40-44YEARS) NO LIMIT
34. MEN (45-49YEARS) NO LIMIT
35. WOMEN (45-49YEARS) NO LIMIT
36. MEN (50-54YEARS) NO LIMIT
37. WOMEN (50-54YEARS) NO LIMIT
38. MEN (55-59YEARS) NO LIMIT
39. WOMEN (55-59YEARS) NO LIMIT
40. MEN (60-64YEARS) NO LIMIT
41. WOMEN (60-64YEARS) NO LIMIT
42. MEN (65-69 YEARS) NO LIMIT
43. WOMEN (65-69 YEARS) NO LIMIT
44. MEN (70 AND ABOVE) NO LIMIT
45. WOMEN (70 AND ABOVE) NO LIMIT

All matches are Tokui Kata by Point system.

All Kata allowed (Except Heian Sho-dan--Godan, Tekki-Shodan)

Seienchin, Seipai, Gankaku-sho and Nijuhachiho allowed.

More than 16 participants in one category, Preliminary and Final matches

Preliminary: Kohaku system by Tokui-kata(Two participants perform together)

Final: Point system by Tokuikata (Same Kata allowed.)

In case of Men's or Women's CONTESTANTS less than 3 persons



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

MASTERS TEAM KATA

46. MEN NO LIMIT

47. WOMEN NO LIMIT

ALL CONTESTANTS SHOULD BE AGE 40 & ABOVE.

THE CONTESTANTS OF THIS CATEGORY CANNOT PARTICIPATE THE TEAM KATA OF OVER 150 & 180 YEARS OLD BY THREE.

MASTERS INDIVIDUAL KUMITE (NO WOMEN MATCH)

48. MEN(40-44 YEARS) NO LIMIT IPPON SHOBU 2 MINUTES

49. MEN (45-49 YEARS) NO LIMIT IPPON SHOBU 2 MINUTES

50. MEN (50-54 YEARS) NO LIMIT IPPON SHOBU 90 SECONDS

51. MEN (55-59 YEARS) NO LIMIT IPPON SHOBU 90 SECONDS

52. MEN (60-64 YEARS) NO LIMIT IPPON SHOBU 90 SECONDS

53. MEN (65 AND ABOVE) NO LIMIT IPPON SHOBU 90 SECONDS

Gum shield and Mitts (approved by SKIF) are compulsory.

Groin protectors are allowed, but Shin protectors are forbidden.

MASTERS TEAM KUMITE (NO WOMEN MATCH)

54. MEN NO LIMIT

ALL CONTESTANTS SHOULD BE AGE 40-49, Age 50 & above cannot PARTICIPATE THIS CATEGORY.



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

YAKUSOKU KUMITE

55. AGE 80-99 BY TWO PERSONS Two teams per Nation

56. AGE 100 AND ABOVE BY TWO PERSONS Two teams per Nation

2 Contestants (Both Age 40 and above) & 1 Reserve. Man & Woman mix allowed

Preliminary: Kihon-Ippon Kumite by Kohaku system.

(Jodan-Oizuki, Chudan-Oizuki, Maegeri, Yokogeri & Mawashigeri, each once)

Final: Jiyu Ippon Kumite by Point system (Jodan-Oizuki, Chudan-Oizuki, Maegeri,

Yokogeri, Mawashigeri, Ushirogeri, Jodan-Kizamizuki & Chudan-Gyakuzuki, each once)

It is the same way of calculation of Kata Point system.

*In case of the teams are draw, they have to make Kihon or Jiyu-Ippon Kumite again
by Migi-Gamae (Right hand front)*

TEAM KATA

57. OVER 150 YEARS BY THREE 2 TEAMS PER NATION (3+RESERVE 1)

58. OVER 180 YEARS BY THREE NO LIMIT

3 Contestants (Age Under 40 allowed) & 1 Reserve. Man & Woman mix allowed.

Tokui Kata by Point system

Seienchin, Seipai, Gankaku-sho and Nijuhachiho allowed.



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

The Sport Hall

Peace and Friendship Stadium is located at N. Faliro coastal region, a top transportation junction, just 4 kms from the port of Piraeus, 10 kms from the city centre and 25 kms from “Eleftherios Venizelos” airport, with an easy access by all public transport means (METRO, bus, tram e.t.c).

It was constructed the period between 1981-1984 by Greek companies. The study was accomplished by “Thimios Papagiannis and Partners” office.

It is a characteristic sample of the 20th century latest architectural style. It also presents many similarities to the Arena of Milan and the Palais of Budapest.

The Stadium is totally equipped with all modern technology systems and many kinds of facilities like a First Aid centre, large parking space, restaurants e.t.c.

This great multi-purpose venue apart from numerous sport activities, can also host trade fairs, cultural events, congresses of a huge number of participants and any other kind of special events.



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

Access to the Stadium Peace & Friendship

The major advantage of Peace and Friendships Stadium is its accessibility, as it is located on a top transportation and traffic junction.



Many major motorways as well as various bus, tram and metro lines pass along Peace and Friendship Stadium. It is also easily accessible from the airport by public transportation (express line E96 Piraeus - Airport).

For more details concerning public means of transport one can visit the following sites:

Athens Airport: www.aia.gr

Buses: www.oasa.gr

Electric Railway: www.isap.gr

Buses from other cities: www.ktel.org

Tram: www.tramsa.gr

Train: www.ose.gr



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

The City of Athens

Athens, the capital and largest city of Greece, dominates the Attica periphery- as one of the world's oldest cities, its recorded history spans at least 3,000 years.

The municipality of Athens has a population of 745,514 with a metropolitan population of 3.2 million. The actual, however, is believed to be higher, because during census-taking (carried out once every 10 years) some Athenians residents travel back to their birthplaces, and register as local citizens there.



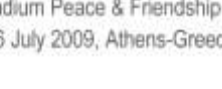
Reflective this uncertainty about population figures, various sources refer to a population of around 5 million people for Athens (without counting the foreigners).

A bustling and cosmopolitan metropolis, Athens is central to economic, financial, industrial, political and cultural life in Greece. It is rapidly becoming a leading business centre in the European Union.

The ancient site of the city is centered on the rocky hill of the acropolis. All of those who visit Athens never miss to see this spectacular site of Athens.

Climate

Athens enjoys a typical Mediterranean climate, with the greatest amounts of precipitation mainly occurring from mid-October to mid-April, any precipitation is sparse during summer and falls generally in the form of showers and/or thunderstorms.



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION



Stadium Peace & Friendship
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Entertainment

Athens is home to 148 theatrical stages, more than any other European cities, including the famous ancient Herodes Atticus Theatre. In addition to a large number of multiplexes, Athens plays host to variety of romantic, open air garden cinemas. The city also supports a vast number of music venues place in all over the Attica periphery and suburbs too.

Transportation in Athens

- **ATTICO METRO**
- **ELECTRIC RAILWAY**
- **SUBURBAN RAIL (PROASTIAKOS)**
- **TRAM LINE**
- **TAXIS**
- **BUSES**

All these transportation can be used in order to go from Airport to down town of Athens, and to the Stadium of Peace and Friendship where the 10nth World Championship will take place. The Athens mass transit system will help you to visit Athens with the best and convenient way.

Useful Lings

Ministry of Culture

www.culture.gr

General Secretariat of Sports

www.sportsnet.gr

Olympic Sports Centre of Athens

www.oaka.com.gr



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

Tram Lines

Aristophanis: Vouliagmenis avenue – Stadium of Peace and Friendship (Faliro) (STADIUM)

Aischylos: Vouliagmenis avenue – Kolimvitorio (Glyfada)

Thoukydidis: Stadium of Peace and Friendship (Faliro) – Kolimvitorio (Glyfada)

Aristotelis: Kolimvitorio (Glyfada) – Syntagma



The average time in between trams is 8 minutes between 06:00 and 01:00am and 40 minutes between 01:00 and 06:00am. The average tram speed is 25 km/hour with a maximum speed of 75 klm per hr.



Ticket Price for Single fare (valid for 1 hour after first validation) is:
0,80 €

Special ticket cost: 0,50 €

(- for journeys of up to 5 successive stops in one direction, or

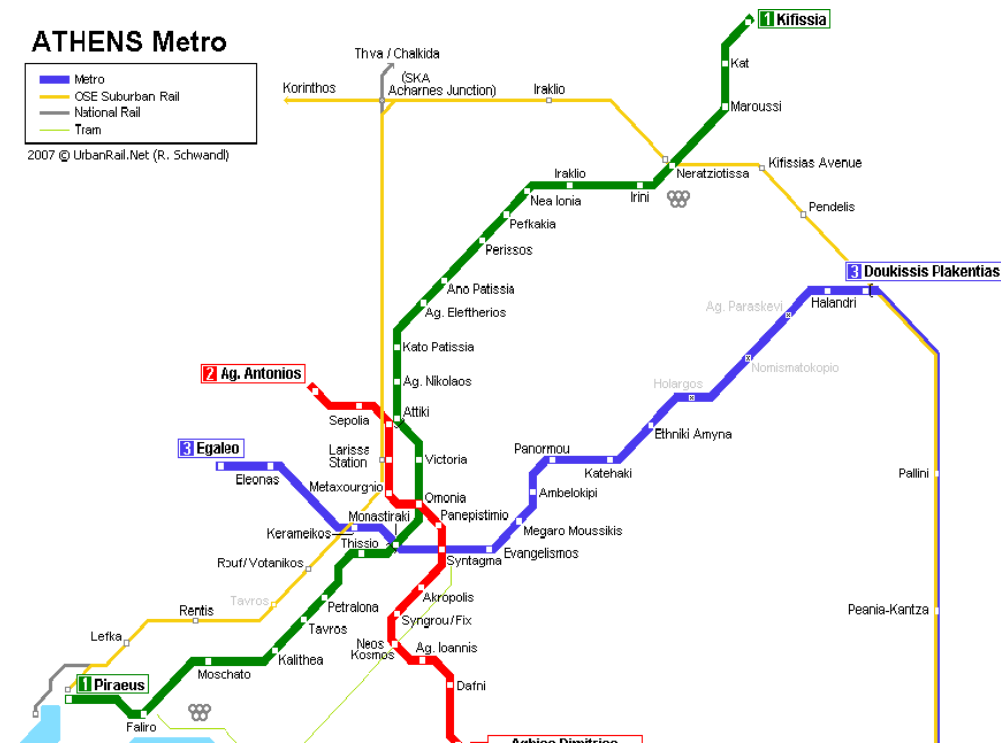
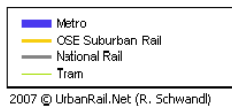
- for users transferring to the Tram system from all other public transport modes (bus, trolley, electric railway and metro) provided they retain the ticket used on the previous mode. That ticket must have been validated 90 minutes beforehand maximum.)



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION



ATHENS Metro



Ticket Price for Single fare is: 0,80 €
(valid for 1 hour after first validation)

Special ticket cost: 0,50 €

- for journeys of up to 5 successive stops in one direction, or
- for users transferring to the Tram system from all other public transport modes (bus, trolley, electric railway and metro) provided they retain the ticket used on the previous mode. That ticket must have been validated 90 minutes beforehand maximum.

Areas Information

GLYFADA – P.FALIRO

South suburbs near the sea. Access to stadium by tram approx time 20-30 minutes. Line glyfada - SEF terminal station.

KARAIKAKI SQR - SYNTAGMA – OMONIA

Down town center of Athens access to stadium by metro line 1 & 2 approx time 20-30 minutes. Line kifisia - Pireaus.

MIXALOPOYLOY- AMPELOKIPI

Down town outer center Athens access to stadium metro line 1 + line 2 approx time 40 minutes.



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

Stay in Athens

Contact / Sales Inquiry

AEGIS HOLIDAYS acting exclusive as travel partner of the Greek karate federation (SKIF.gr), has reserved rooms in several hotels in Athens, all located at a nearby walking distances to Metro and Tram stations with direction to the **SEF Stadium** where the games will take place.

Hotels booked are of three categories: 5* , 4*SUP , 4* , 3* and accordingly room rates are applicable depending on requests and preferences. The following rates are hereby provided:

For all your accommodation and transfer reservations please address to:

Travel Agent:

AEGIS HOLIDAYS
36 SIVITANIDOY STR
17676 KALLITHEA-ATHENS
PHONE: +30 2109515423
FAX: +30 2109515424

Email: agstr1@otenet.gr

Web: www.agishld.gr

Director &Contact Person:

Mrs. Manikaki Mabel

Mr. Manikakis Christos



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

Package for 7 Days / 6 Nights on BB Basis

HOTEL	RATES PER PERSON			EXTRA NIGHT PER PERSON		
	SINGLE	DOUBLE	TRIPLE	SINGLE	DOUBLE	TRIPLE
CAT 5*	EURO	EURO	EURO	EURO	EURO	EURO
	1.050.-	645.-	-N/A	155.-	95.-	
CAT 4sup*	EURO	EURO	EURO	EURO	EURO	EURO
	756.-	510.-	465.-	120.-	75.-	65.-
CAT 4*	EURO	EURO	EURO	EURO	EURO	EURO
	660.-	450.-	420.-	128.-	66.-	57.-
CAT 3*	EURO	EURO		EURO	EURO	
	600.-	360.-		90.-	55.-	

Rates include

- Meet and assist at Airport
- Round trip transfers Airport – Hotel – Airport
- Accommodation 7 days / 6 nights on Bread and Breakfast Basis

NOTE :

1. RESERVATIONS MADE UNTIL 31ST DECEMBER 2008 WILL BE ELIGIBLE FOR ONE PAXFREE FOR EVERY 25 PAYING PAX .



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

Hotels

HOTEL NAME	AREA	CAT	METRO/TRAM STATION (ABBREV ST)	WALKING DISTANCES TO RELEVANT STATION
PALACE	GLYFADA	4	PARALIA 1 ST – TRAM	30-60 METERS
GOLDEN SUN	GLYFADA	3	PARALIA 1 ST – TRAM	30-60 METERS
JOHNS	GLYFADA	3	PARALIA 1 ST – TRAM	30-60 METERS
LONDON	GLYFADA	3	PARALIA 1 ST – TRAM	30-60 METERS
MIRANDA	GLYFADA	3	PARALIA 1 ST – TRAM	30-60 METERS
SEA VIEW	GLYFADA	3	PARALIA 1 ST – TRAM	30-60 METERS
STANLEY	KARAISKAKI SQR	4	METAXOYRGIO ST - METRO	30-60 METERS
NOVOTEL	KARAISKAKI SQR	4	METAXOYRGIO ST - METRO	30-60 METERS
DELPHI ART	KARAISKAKI SQR	4	METAXOYRGIO ST - METRO	30-60 METERS
ACHILLION	KARAISKAKI SQR	3	METAXOYRGIO ST - METRO	30-60 METERS
ADRIANE	KARAISKAKI SQR	3	METAXOYRGIO ST - METRO	30-60 METERS
CASTELA	KASTELO	3	TROLLEY ST	50-60 METERS
CAVO DORO	KASTELO	3	TROLLEY ST	50-60 METERS
CROWNE PLAZA	MIXALOKOPOYLOY	5	MEGARON ST - METRO	70-100 METERS
GOLDEN AGE	MIXALOKOPOYLOY	4	MEGARON ST - METRO	70-100 METERS
CORAL	P.FALIRO	4	FALIRO ST - TRAM	30-60 METERS
POSEIDON	P.FALIRO	3	FALIRO ST - TRAM	30-60 METERS
THEOXENIA	PIREAEUS	4	PIREAEUS ST - METRO	150-200 METERS
MISTRAL	PIREAEUS	3	PIREAEUS ST - METRO	150-200 METERS
SAVOY	PIREAEUS	3	PIREAEUS ST - METRO	150-200 METERS
AMALIA	SYNTAGMA	4	SYNTAGMA ST - METRO	50-70 METRES



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ELECTRA PALACE	SYNTAGMA	4	SYNTAGMA ST - METRO	50-70 METRES
ESPERIA PALACE	SYNTAGMA	4	SYNTAGMA ST - METRO	50-70 METRES
ASTORE	SYNTAGMA	4	SYNTAGMA ST - METRO	50-70 METRES
TITANIA	OMONIOIA	4	OMONIA ST - METRO	50-70 METRES
ACROPOLE	OMONIOIA	4	OMONIA ST - METRO	50-70 METRES
BABY GRANT	OMONIOIA	4	OMONIA ST - METRO	50-70 METRES
KANIGOS 21	OMONIOIA	4	OMONIA ST - METRO	50-70 METRES
KING JASON	OMONIOIA	3	OMONIA ST - METRO	50-70 METRES
DORIAN INN	OMONIOIA	3	OMONIA ST - METRO	50-70 METRES



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Private Taxi Services

Airport Services

From / To	To / From	Price
Airport	Athens City Center	50 €
Airport	Ag. Paraskevi - Filothei – Xalandri – Marousi – Melissa	50 €
Airport	Kifisia – Ekali	50 €
Airport	Dionysos – Marathonas Ag. Stefanos	70 €
Airport	Pireaus Port	50 €
Airport	Faliro – Kalamaki	50 €
Airport	Glyfada – Vouliagmeni	50 €
Airport	Varkiza	50 €
Airport	Lagonisi	60 €
Airport	Laurio Port – Sounion	70 €
Airport	Rafina Port	60 €
Airport	Anavissos	60 €

Attica Services

From / To	To / From	Price
Athens City	Athens City Center	35 €
Athens City	Ag. Paraskevi Filothei – Xalandri – Marousi – Melissa	35 €
Athens City	Kifisia – Ekali	35 €
Athens City	Dionysos – Marathonas Ag. Stefanos	75 €
Athens City	Pireaus Port	35 €
Athens City	Faliro – Kalamaki	35 €
Athens City	Glyfada – Vouliagmeni	35 €
Athens City	Varkiza	35 €
Athens City	Lagonisi	60 €
Athens City	Laurio Port – Sounion	65 €
Athens City	Rafina Port	60 €
Athens City	Anavissos	65 €



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Sightseeing Tours (Optional)

Morning Tours – Daily	PRICE
1. Athens City Tour with Acropolis	52
2. Athens City Tour with Acropolis & Lunch	72
3. Athens City Tour with Acropolis & Nat. Archaeological Museum	72
4. Helicopter Sightseeing Tour of Athens	1750
By Night Tour - (Tue-Thu-Sat)	
6. Athens Panorama By Night with Folklore show & Dinner	60
One-Day Tours & Cruises	
07. 1 Day to Delphi-Arachova with lunch (<i>Mon-Wed-Fri-Sun</i>)	96
7a. 1 Day to Delphi-Arachova without lunch (<i>Mon-Wed-Fri-Sun</i>)	86
08. 1 Day to Mycenae-Nauplion-Epidaurus (ARGOLIS) with lunch (<i>Tue-Thu-Sat</i>)	96
8a. 1 Day to Mycenae-Nauplion-Epidaurus (ARGOLIS) without lunch (<i>Tue-Thu-Sat</i>)	86
09. 1 Day 3 islands Cruise to Aegina-Poros-Hydra with lunch (<i>Daily</i>)	95
50% discount for children (<i>4 - 12 years old</i>)	
Special prices for groups over 14 people	
All above prices are Per Person and include:	
Pick up service from any Hotel in Athens area, Entrance fees, A/C Bus and professional English speaking Guide.	



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Greek Island Tour Packages	2 DAYS	3 DAYS	EXTRA DAY	SINGLE SUPPLEMENT
Tour to island of Mykonos - May to July and Sept to Oct 3*	198	260	62	79
Tour to island of Mykonos - Nov to Apr. and August 3*	248	340	92	79
Tour to island of Mykonos - May to July and Sept to Oct 4*	228	310	82	103
Tour to island of Mykonos - Nov to Apr. and August 4*	269	380	111	103
Tour to island of Santorini - May to July and Sept to Oct 3*	213	275	62	62
Tour to island of Santorini - Nov to Apr. and August 3*	263	335	72	62
Tour to island of Santorini - May to July and Sept to Oct 4*	243	325	82	95
Tour to island of Santorini - Nov to Apr. and August 4*	284	390	106	95
All prices are Per Person in a Double room with breakfast all transfers and boat tickets Upgrade service with Speed Boat tickets 70.00 Euro Per Person				



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PRIVATE TOURS PER CAR (up to 2 PAX)	PRICE
ATHENS SIGHTSEEING TOUR AND VISIT TO ACROPOLIS (4 hours)	400
CAPE SOUNION TOUR (4 hours)	400
ANCIENT CORINTH (4 1/2 hours)	400
ARACHOVA - DELPHI (8 - 9 hours)	680
ARGOLIS (MYCENAE - NAUPLION - EPIDAUROS) (8 - 9 hours)	680
ATHENS - PATRA - ANCIENT OLYMPIA (10 - 12 hours)	750
TOURS DEPARTING FROM THE ATHENS AIRPORT supplement	90

Since the tours are private, for your family or group alone, itineraries can be flexible and tailor-made to your requests. We will see the sights you want to see and move at the pace most comfortable for you.

All prices are per a/c Car and include professional English speaking guide (other languages are on request), toll roads and taxes.

PRIVATE TOURS PER MINIBUS (up to 16 PAX)	PRICE
ATHENS SIGHTSEEING TOUR AND VISIT TO ACROPOLIS (4 hours)	530
CAPE SOUNION TOUR (4 hours)	530
ANCIENT CORINTH (4 hours)	530
ARACHOVA - DELPHI (8 - 9 hours)	770
ARGOLIS (MYCENAE - NAUPLION - EPIDAUROS) (8 - 9 hours)	770
ATHENS - PATRA - ANCIENT OLYMPIA (10 - 12 hours)	870
TOURS DEPARTING FROM THE ATHENS AIRPORT supplement	90

Since the tours are private, for your family or group alone, itineraries can be flexible and tailor-made to your requests. We will see the sights you want to see and move at the pace most comfortable for you.

All prices are per **A/C MINIBUS** and include professional English speaking guide (other languages are on request), toll roads and taxes.



SHOTOKAN KARATE-DO INTERNATIONAL FEDERATION





PRIVATE TOURS PER BUS (up to 49 PAX)	PRICE
ATHENS SIGHTSEEING TOUR AND VISIT TO ACROPOLIS (4 hours)	580
CAPE SOUNION TOUR (4 hours)	580
ANCIENT CORINTH (4 hours)	580
ARACHOVA - DELPHI (8 - 9 hours)	820
ARGOLIS (MYCENAE - NAUPLION - EPIDAUROS) (8 - 9 hours)	820
ATHENS - PATRA - ANCIENT OLYMPIA (10 - 12 hours)	980
TOURS DEPARTING FROM THE ATHENS AIRPORT supplement	100

Since the tours are private, for your family or group alone, itineraries can be flexible and tailor-made to your requests. We will see the sights you want to see and move at the pace most comfortable for you.

All prices are per [A/C Bus](#) and include professional English speaking guide (other languages are on request), toll roads and taxes.



SHOTOKAN KARATE-DO
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Relevant Forms



SHOTOKAN KARATE-DO
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Stadium Peace & Friendship
20-26 July 2009, Athens-Greece

Application Form for Hotel accommodation

Please complete and return this form to:

AEGIS HOLIDAYS

Deadline: 28th February 2009

34 Sivitanidou Str. 17676 Kallithea, Greece

Tel. +30-210- 9515423, Fax: +30-210-9515424

Email: agstr1@otenet.gr

(Please type or print in block letters and check appropriate boxes.)

Organization:

Prof. Dr. Mr. Mrs. **Given Name:**

Family Name: _____

Business Address:

Postal code: _____ Country: _____

Phone: _____ Fax: _____

E-mail: _____

Home Address:

Postal code: _____ Country: _____

Phone: _____ Fax: _____

E-mail: _____

Name of Accompanying Person(s), if any:

Mr. Mrs. Family Name _____

Given Name _____



SHOTOKAN KARATE-DO
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Fight Schedule:

Arriving at _____ (airport), on _____ (date),
by _____ (flight number)

Hotel Accommodations:

1st choice: _____

2nd choice: _____

-----Remittance-----

-

Total: = Eur. (one night room charge)X room(s) X nights = Eur.

Credit card: VISA MasterCard Diners AMEX

Card number: _____

Name of cardholder: _____

Expiration date: _____

Authorized signature: _____

Bank Transfer

I (we) have remitted the above sum of total on _____ (date) in the name of

(name of remitter) through

(name of bank) to:



SHOTOKAN KARATE-DO
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Application & Payment for Hotels

Participants wishing to reserve hotel accommodations should apply by sending the filled form by fax or by e-mail to reach AEGIS HOLIDAYS **no later than Feb 2009**. Application should be accompanied by a remittance of the total amount of the room charge due AEGIS HOLIDAYS – MANIKAKIS CHRISTO.

No reservation will be confirmed in the absence of this payment. All payment must be in EURO. If the remittance covers more than one person, or if the name of the remitter is not the same as the participant's, please inform us the name of each participant. Payment should be in the form of:

One of the following credit cards:

1. VISA 2. MasterCard 3. Diners Club 4. AMEX 5. JCB

A bank transfer to

ALPHA BANK:

Acc. Number: GR9601401090109002101260970 (IBAN), Swift Code: CRBAGRAA

Beneficiary : MANIKAKIS CHRISTO

EUROBANK:

Acc.Number: GR2002600110000940200365105 (IBAN), Swift Code: EFGBGRAA

Beneficiary : MANIKAKIS CHRISTO

Cancellation

In the event of cancellation, written notification should be sent to AEGIS HOLIDAYS.

The following cancellation fees will be deducted before any refund is made, in addition to the handling charge.

Hotels: Up to 40 days before the first night of stay ----- None

30 days before-----20% of daily room charge

15 day before ----- 80% of daily room charge

On the day of arrival or no notice given -----100% of daily room charge

Note: If the Hotel of your first choice is fully booked then you will be assigned to a same category Hotel.



Visas for Foreigners Travelling to Greece

1. Greece follows the Schengen Agreement provisions and the subsequent acquis concerning short term visa issues. Countries applying the Schengen acquis in full (*EU countries: Austria, Belgium, Denmark, Finland, France, Germany, Greece, Italy, Luxembourg, The Netherlands, Portugal, Spain, Sweden, plus associated countries: Iceland and Norway*) follow a common visa policy for short-term stays of up to three (3) months in the Schengen area. The citizens of these countries are not subjected to border controls within the common area (airlines or other carriers require identification - I.D. Card or passport or any other piece of identification issued by a public authority)

2. **Citizens of the following EU and other European countries do not need a visa** to enter Greece (and the Schengen area). They have only to produce a passport or an I.D. card at the border. Bulgaria, Cyprus, Czech Republic, Estonia, Ireland, Latvia, Lichtenstein, Lithuania, Hungary, Malta, Poland, Romania, Slovakia, Slovenia, Switzerland, United Kingdom

3. For holders of **regular passports** of the following countries who wish to visit Greece (and the Schengen area) and stay up to 3 months (90 days) within a six (6) month period, **NO visa is required**: Andorra, Argentina, Australia, Brazil, Brunei Darussalam, Canada, Chile, Costa Rica, The Holy See (Vatican), Croatia, El Salvador, Guatemala, Honduras, Israel, Japan, Malaysia, Mexico, Monaco, New Zealand, Panama, Paraguay, San Marino, Singapore, South Korea, USA, Uruguay, Venezuela, Nicaragua.

4. **Holders of regular passports from the rest of the world need a visa** in order to enter Greece (and the Schengen area).

NOTE: When travelling to Greece on a tourist visa, visitors are required to have travel insurance that covers cases of medical or other emergencies for the duration of the **stay**.



SHOTOKAN KARATE-DO
INTERNATIONAL FEDERATION

Terms of Responsibility

I, _____, as chief of the Delegation of my Country, duly enrolled to participate in the 10th World Championship of Shotokan Karate International Federation S.K.I.F. which will be held in Athens 21/26 July 2009, with fully knowledge of Statutes, Rules, and Norms of SHOTOKAN KARATE INTERNATIONAL FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity and I take any administrative, civil and criminal responsibilities of whatever happens to our Athletes, Coaches and other Members of our Delegation participating in this Championship, before, during and after the competition, such as physical injuries, personal expenses or monetary debts and casual material damages in the hotels .

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, S.K.I.F., Greek Shotokan Karate Federation, its directors, as well as any person or company related to the event (sponsors, public and private entities) .

I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our Delegation (since it is considered necessary) for the sport activities and publications of Karate related to the event, without any monetary compensation.

Country : _____
Surname : _____
Name : _____
Passport no : _____
Position : _____ (in the National Federation)
Address : _____
Tel no : _____
Fax no : _____
E-mail : _____

Place and Date

Signature



SHOTOKAN KARATE-DO
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Entry Form

* Non-athlete may be: physicians, doctors, accompany persons, referees e.t.c.

If you have more athletes/officials please use a copy of this form.

** Please print the **(red)** number of the category according to the competition categories.

No.	Family Name	Name	Date of Birth	Category**	Weight	Dan	If non-athlete* please indicate

Please return this form to SKIF-Greece, Fax: +30 2109848327

OR

scan & mail to nikitas@skif.gr or keyvan@skif.gr





Inquires

Sales & Marketing

For all your accommodation and transfer reservations please address to:

AEGIS HOLIDAYS

36 SIVITANIDOY STREET
KALLITHEA, 17676, ATHENS

HELLAS (GR)

Tel. : +30 2109515423
Fax : +30 2109515424
Email : agstr1@otenet.gr
Web : www.agishld.gr

Contact Person:

Mrs. Manikaki Mabel
Mr. Manikakis Christos

SHOTOKAN KARATE-DO INTERNATIONAL FEDERATION HELLAS

222 EL VENIZELOU AVENUE
PALAIO FALIRO, 17563, ATHENS
HELLAS (GR)

Tel. : +30 2109832753
Fax : +30 2109848327
Web : www.skif.gr
Email : keyvan@skif.gr
nikitas@skif.gr

Contact Person:

Mr. Ghazi Keyvan
Mr. Zarouchliotis Nikitas



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